



PrairieCare
A Division of Newport Healthcare



Inpatient Hospitalization Program for Children, Teens, and Young Adults

When young people need immediate support and stabilization for mental health symptoms, our Inpatient Hospitalization Program provides acute psychiatric care. Our medical and clinical experts provide group, individual, and family therapy, as well as support to build healthy living skills. During the patient's stay, we address immediate patient needs, identify treatment goals, and work with families to create a comprehensive discharge plan for the next level of care.

Family First 



Admissions Process

We've streamlined the admissions process so that qualified children, adolescents, and young adults can be admitted to our Inpatient Hospital without going to the Emergency Department first. **Call our intake coordinator at 952-826-8424 to learn more.**

PROGRAM DETAILS

Services are provided by a multidisciplinary team, including:

- Psychiatrists
- Therapists
- Social Workers
- Nurses
- Psychiatric Technicians
- Group Therapists
- Art Therapists
- Music Therapists
- Recreation Therapists
- Occupational Therapists
- Primary Care Consultants
- Spiritual Care Providers
- Cultural Liaisons

Location: 9400 Zane Ave N, Brooklyn Park, MN 55443

Age Groups: Children, Adolescents, and Young Adults | Up to 26 years of age

Program Length: Average length of stay is 7–10 days.

 952-826-8475

 prairie-care.com



Inpatient Hospitalization Program Daily Schedule

Patients receive 24/7 care to ensure their safety and support their healing. Treatment programming typically occurs from 9:00 am–5:00 pm and includes a variety of modalities.

The following is an example of a patient's daily schedule:

TIME	PROGRAMMING
7:30 AM	Morning Routine
8:00 AM	Breakfast
9:00 AM	Movement Group
9:30 AM	Psychoeducation Group
10:30 AM	Break
11:00 AM	Art Therapy
12:00 PM	Lunch
12:45 PM	Process Group
2:00 PM	School
4:00 PM	Break
4:15 PM	Community Meeting
5:00 PM	Recreation Therapy
5:45 PM	Dinner
6:30 PM	Recreation Therapy
8:00 PM	Relaxation
9:00 PM	Bedtime