



FREE Spring Webinars for Parents & Educators

Join PrairieCare's Dr. Joshua Stein and Dr. Anna Bohlinger for free virtual discussions. Register in advance at the links below.

YOUR ATTENTION PLEASE: DEMYSTIFYING ADHD

Dr. Stein, the current president of the MN Society of Child Adolescent Psychiatry, will present this parent and educator session focused on clarifying common misconceptions regarding ADHD. Known for his engaging and educational sessions, Dr. Stein will explore how the diagnosis is made, common misdiagnoses, and both pharmacologic and non-pharmacologic treatment. In this fast 90-minute session, participants will become emboldened to support the needs of children with this commonly-diagnosed condition.

Tuesday, April 13, 6:00-7:30 pm

[REGISTER ONLINE](#)

GOOD ENOUGH PARENTING IN PRETTY BAD TIMES

Dr. Bohlinger is a well-regarded speaker and trainer on family strengths, resilience, and parenting, especially in the context of profound challenges and struggles. In this talk, she'll discuss the concepts of family resilience, self-compassion, and parenting resources and strategies to support parents in meeting the ordinary developmental needs of their children and families in extraordinary times.

Thursday, April 29, 6:00-7:30 pm

[REGISTER ONLINE](#)

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